

GOLD COAST & SOUTHERN WINTER THROWS
Jimboomba Little Athletics Centre
Results - Sat 1st June 2019

WOMEN'S HAMMER

Vis	1	Kelsie Willoughby	34.28
W65	1	Rosemary Kopittke	14.58
W75	1	Helen Searle	25.82

WOMEN'S SHOT PUT

W65	1	Rosemary Kopittke	5.96
W75	1	Helen Searle	9.17

WOMEN'S DISCUS

W65	1	Rosemary Kopittke	13.91
-----	---	-------------------	-------

WOMEN'S WEIGHT

W65	1	Rosemary Kopittke	6.09
-----	---	-------------------	------

MEN'S HAMMER

M40	1	Rene Doel	31.34
M45	1	Richard Harris	35.34
M60	1	Lajos Joni	40.02
M65	1	Bruce O'Connor	25.60
M70	1	Don Quinn	30.79
M70	2	Dieter Lacko	17.36
M75	1	Guy Quarterman	25.29
M75	2	Ian Kennedy	23.38
M80	1	Ron Vaughn	17.39

MEN'S SHOT PUT

M40	1	Rene Doel	10.20
M45	1	Richard Harris	10.27
M60	1	Lajos Joni	9.86
M65	1	Bruce O'Connor	7.99
M70	1	Don Quinn	8.95
M70	2	Dieter Lacko	7.59
M75	1	Guy Quarterman	8.68
M75	2	Ian Kennedy	7.75
M80	1	Ron Vaughn	7.09

MEN'S DISCUS

M40	1	Rene Doel	32.66
M45	1	Richard Harris	35.76
M60	1	Lajos Joni	33.41
M65	1	Bruce O'Connor	22.80
M70	1	Don Quinn	30.05
M70	2	Dieter Lacko	20.50
M75	1	Guy Quarterman	21.72
M75	2	Ian Kennedy	20.47
M80	1	Ron Vaughn	18.31

MEN'S WEIGHT

M45	1	Richard Harris	10.33
M60	1	Lajos Joni	14.92
M70	1	Don Quinn	11.08
M75	1	Guy Quarterman	9.66
M75	2	Ian Kennedy	10.74

M80	1	Ron Vaughn	6.73
-----	---	------------	------