

Q.M.A. MENS' RECORDS AS AT 8TH NOVEMBER, 2020

Record times up to and including 800m must be set with Electronic Timing to be accepted as Queensland /Australian/World Records to conform to World and/or Australian Masters Rules, and a Wind Gauge reading is required for Sprints and Long/Triple Jumps. 3 Watch Times are needed for any other distance longer than 800m to be recognised. Lap Scoring is required for distances longer than 1500 metres.

60 METRES

M30	Gary Finegan	2019	7.13
M35	Robin Mhrshahi	2014	7.25
M40	Travis Venema	2016	7.34
M45	Stephen Jones	2009	7.40
M50	Wayne Cousins	2011	7.40 A
M55	John Wight	2001	7.41 A
M60	John Wight	2006	8.00
M65	Rob McDonald	2010	8.10 A
M70	Glen Wilson	2011	8.41 A
M75	Hugh Coogan	2012	8.78
M80	Tom Brown	1999	9.42 A
M85	Charlie Hankins	2001	10.45
M90	Maurice Dauphinnet	2016	13.01

60 METRES INDOOR (not Qld)

M50	Steve Jones	2017	7.81 A
-----	-------------	------	--------

100 METRES

M30	Gary Finegan	2019	10.70 A
M35	Kevin Silver	1987	10.94
M40	Heinz Steinmann	1984	10.9
M45	Ted Eden	1977	11.4
M50	Michael Berlin	2020	12.00
M55	Mick Pirie	1980	11.9
M55	Wayne Cousins	2002	12.01
M60	Bernie Hogan	1981	12.15 A
M65	Mick Pirie	1994	12.62 A
M70	Hugh Coogan	2009	13.34
M75	Hugh Coogan	2012	13.86
M80	George Harrod	2009	15.76
M85	Charlie Hankins	2002	17.0
M90	Harry Gathercole	1997	19.99
M100	Les Amey	2000	58.29 A

100 YARDS

M30	Travis Venema	2006	10.54
M35	Travis Venema	2015	10.78
M40	Travis Venema	2016	10.84
M40	Graham Scully	2017	10.84
M45	Greg Potts	2015	11.08
M45	Gary Parkinson	2015	11.08
M50	Gary Parkinson	2018	11.21
M55	Wayne Cousins	2002	11.51
M60	John Wight	2006	11.75
M65	Col Buyers	2008	12.05
M70	Hugh Coogan	2006	12.73
M75	Hugh Coogan	2012	13.14
M80	George Harrod	2012	15.33
M85	Maurice Dauphinnet	2012	16.75
M90	Maurice Dauphinnet	2017	21.79

200 METRES

M30	Gary Finegan	2019	21.50
M35	Kevin Silver	1987	22.1
M40	Heinz Steinmann	1984	22.5
M40	Dave Irvine	1987	22.5
M45	Heinz Steinmann	1988	23.45
M50	Heinz Steinmann	1995	23.9
M55	John Wight	2002	24.7
M60	Bernie Hogan	1981	25.23
M65	Bernie Hogan	1985	25.6 A
M70	Hugh Coogan	2005	26.84 A
M75	Hugh Coogan	2011	28.44
M80	Charlie Hankins	1997	33.83
M85	Harry Gathercole	1993	35.99
M90	Harry Gathercole	1997	44.24

300 METRES

M30	Murray Goodwin	2019	33.75
-----	----------------	------	-------

M35	Rafal Witelus	2012	37.52
M40	Graham Scully	2017	37.02
M45	Gary Parkinson	2016	37.17
M50	Gary Parkinson	2020	37.93
M55	Joe Begley	2011	41.50
M60	Colin Buyers	2005	40.76
M65	Colin Buyers	2008	41.75
M70	Hugh Coogan	2007	43.54
M75	Hugh Coogan	2012	45.03
M80	Colin Woods	2016	55.08
M85	Maurice Dauphinnet	2011	76.37

400 METRES

M30	Murray Goodwin	2018	46.24 A
M35	Nev Appleby	1991	50.4
M40	Tony Blue	1977	50.5
M45	Gary Parkinson	2016	52.60
M50	Gary Parkinson	2018	53.72
M55	John Cooper	1995	55.51
M60	Colin Buyers	2005	57.35
M65	Colin Buyers	2007	58.90 A
M70	Hugh Coogan	2006	60.77 A
M75	Hugh Coogan	2011	64.10 A
M80	Colin Woods	2016	77.72
M85	Harry Gathercole	1993	1.33.50
M90	Alex Pittendrich	1997	1:57.78
M95	Alex Pittendrich	2001	2:50.1 A

800 METRES

M30	Jeff Tarrant	1982	1:56.4
M35	Nev Appleby	1990	1:55.0
M40	Tony Blue	1977	1:54.80
M45	Alan Bradford	1987	1:58.65 A
M50	Alan Bradford	1989	2:00.40 A
M55	Peter Hawes	2011	2:07.87
M60	Alan Bradford	1999	2:10.42 A
M65	Alan Bradford	2004	2:22.15
M70	Alan Bradford	2009	2:28.78
M75	Hugh Coogan	2012	2:40.26
M80	Colin Woods	2016	3:10.71
M85	Alex Pittendrich	1993	4:13.0
M90	Alex Pittendrich	1997	4:28.20 A

800 METRES INDOOR (not Qld)

M30	Brendan Whelan	2008	2:04.24 A
M55	Peter Hawes	2012	2:14.87 A

1000 METRES INDOOR (not Qld)

M65	Joe Begley	2019	4:34.46 A
M70	Ken Daniels	2010	4:40.41 A

1500 METRES

M30	Aidan Hobbs	2018	3:54.79
M35	Peter Edwards	1991	4:00.33
M40	Tony Blue	1977	3:57.3
M45	Alan Bradford	1984	4:03.16
M50	Alan Bradford	1989	4:08.09
M55	Alan Bradford	1995	4:27.40
M60	Alan Bradford	1999	4:35.18
M65	Ian Cameron	2019	4:51.87
M70	Merv Jenkinson	1979	5:11.8
M75	Norm Gulbransen	1991	5:49.02
M80	Colin McLeod	2016	6:32.17
M85	Norm Pearce	2010	9:03.28
M90	Alex Pittendrich	1998	11:04.39
M100	Les Amey	2000	16:46.41 W

1 MILE

M30	Aidan Hobbs	2018	4:16.40
M35	Peter Bracken	2018	4:34.72
M40	Shane George	2006	4:34.5
M45	David Sweeney	2006	4:39.82
M50	David Sweeney	2011	4:44.3
M55	Alan Bradford	1996	4:52.5
M60	Peter Reeves	2014	5:03.37
M65	Alan Bradford	2004	5:14.9
M70	Alan Bradford	2010	5:59.27
M75	Colin Woods	2010	6:53.02
M80	Colin McLeod	2016	7:01.40

1 MILE INDOOR (not Qld)

M30	Brendan Whelan	2008	4:31.43 A
-----	----------------	------	-----------

3000 METRES

M30	Aidan Hobbs	2018	8:21.33 A
M35	Patrick Nispel	2017	8:45.36

M40	Shane George	2006	8:51.25
M45	David Sweeney	2008	8:56.46
M50	David Sweeney	2012	9:13.53
M55	David Sweeney	2017	9:36.27
M60	Peter Reeves	2014	9:57.08
M65	Alan Bradford	2004	10:30.50
M70	Colin McLeod	2006	11:26.8
M75	Colin McLeod	2012	12:56.02
M80	Colin McLeod	2016	13:35.60

3000 METRES INDOOR (not Qld)

M30	Brendan Whelan	2008	9:02.38 A
M50	Alan Stacey	2017	10:53.45 A

5000 METRES

M30	Aidan Hobbs	2017	14:50.41
M35	Brian Enders	1989	15:11.46
M40	Shane George	2007	15:15.24
M45	David Sweeney	2007	15:29.64
M50	Alan Bradford	1991	15:51.2
M55	Alan Bradford	1994	16:03.9
M60	Alan Bradford	1999	17:11.9
M65	Colin McLeod	2001	17:51.34
M70	Colin McLeod	2006	19:20.5
M75	Colin McLeod	2012	20:58.75
M80	Colin McLeod	2016	22:58.42 A

10,000 METRES

M30	Aidan Hobbs	2019	30:58.49 A
M35	Ron Irwin	1978	31:17.0
M40	Joe Patterson	1975	31:57.0
M45	Ron Peters	2001	31:48.69
M50	Ron Peters	2003	32:54.8
M55	David Sweeney	2016	33:15.16
M60	Alan Bradford	1999	35:51.81
M65	Colin McLeod	2001	37:02.3
M70	Colin McLeod	2008	41:08.6
M75	Colin McLeod	2013	45:03.69
M80	Colin McLeod	2016	47:13.84 A

2000M STEEPLECHASE

M60	Alan Bradford	1999	6:54.31 A
M60	Alan Bradford	2002	7:18.9
M65	Alan Bradford	2004	7:18.2 A
M70	Alan Bradford	2009	8:20.95
M75	Michael Juckes	2015	10:14.82
M80	Michael Juckes	2019	11:20.46

3000M STEEPLECHASE

M30	Aidan Hobbs	2018	9:09.64
M35	Brian Enders	1986	9:56.5
M40	Doug Worling	1975	9:24.3
M45	Doug Worling	1981	9:41.49
M50	Alan Bradford	1989	9:51.62 A
M55	Alan Bradford	1994	10:14.00 A

110 METRES HURDLES

M30	Stuart Anderson	2012	14.47
M35	Harry Giles	1979	15.6
M40	Harry Giles	1988	15.9
M45	Harry Giles	1992	15.5 A

100 METRES HURDLES

M50	Harry Giles	1994	15.42 A
M55	Harry Giles	2001	16.14
M60	Harry Giles	2007	16.34
M65	Harry Giles	2010	17.73

80 METRES HURDLES

M70	Garvin Brown	1999	14.42
M75	Harry Giles	2019	17.04
M80	Vic Younger	1993	19.51os
M80	Alan Bradford	2019	20.06
M85	Vic Younger	2000	26.65 A

60m HURDLES INDOOR (not Qld)

M65	Joe Begley	2019	12.70
-----	------------	------	-------

400 METRES HURDLES

M30	Harry Giles	1977	52.2
M35	Harry Giles	1981	56.09
M40	Harry Giles	1988	56.73
M45	Harry Giles	1989	58.02 A
M50	Harry Giles	1994	62.14
M55	Bruce Bodsworth	2006	67.47

300 METRES HURDLES

M60	Harry Giles	2006	46.8
-----	-------------	------	------

Q.M.A. MENS' RECORDS AS AT 8TH NOVEMBER, 2020

M65	Harry Giles	2010	50.39
M70	Alan Bradford	2009	53.10
M75	Alan Bradford	2015	60.72
M80	Russell Grigg	2008	1.53.14
M85	Vic Younger	1998	1.59.8

200 METRES HURDLES

M80	Alan Bradford	2019	41.53 A
-----	---------------	------	---------

1500m TRACK WALK

M30	Michael Day	2016	10.54.00
M35	Andrew Ludwig	2002	6.24.70
M40	Dean Nipperess	2014	6.06.67
M45	Peter Bennett	2002	6.25.06
M50	Peter Bennett	2006	6.44.38
M55	Peter Bennett	2011	6.48.21
M60	Peter Bennett	2016	7.23.00
M65	Ian Richardson	2010	7.49.63
M70	Frank Clark	2015	8.58.39
M75	Richard Lynch	2004	9.18.56
M80	Dick Keatinge	2003	10.33.46
M85	Dick Keatinge	2008	11.07.00 A
M90	John Alroy	1999	12.56.85

1 MILE TRACK WALK

M40	Dean Nipperess	2011	7.15.75
M45	Argenis Guevara	2016	8.14.76
M50	Ignacio Jimenez	2016	7.15.42
M55	Peter Bennett	2014	7.29.75
M60	Peter Bennett	2016	7.55.53
M65	Ian Richardson	2014	8.22.08
M75	Patrick Sela	2015	11.13.83
M80	Richard Lynch	2011	12.10.37
M85	Russell Grigg	2015	15.42.38
M90	Russell Grigg	2017	15.44.37

2000m TRACK WALK

M60	Peter Bennett	2020	10.57.99
M85	Russell Grigg	2013	18.40.0 A

3000m TRACK WALK

M30	Ignacio Jimenez	1996	12.45.81 A
M35	Dave Smith	1994	11.34.1
M40	Dave Smith	2000	12.08.42
M45	Dave Smith	2001	13.20.2
M50	Ignacio Jimenez	2018	13.36.95
M55	Peter Bennett	2011	14.03.00
M60	Peter Bennett	2016	14.31.38
M65	Ian Richardson	2014	16.17.71
M70	Richard Lynch	2000	18.11.87
M75	Richard Lynch	2014	19.07.78
M80	Dick Keatinge	2003	20.46.80
M85	Dick Keatinge	2008	21.42.09
M90	John Alroy	1995	25.33.9

3000m TRACK WALK INDOOR(not Q)

M40	Dean Nipperess	2014	13.19.77 A
M45	Dean Nipperess	2019	16.50.10 A

5000m TRACK WALK

M30	Ignacio Jimenez	1996	21.38.52 A
M35	David Smith	1994	19.53.0 A
M40	David Smith	2000	20.47.7
M45	David Smith	2001	22.30.1 A
M50	Ignacio Jimenez	2018	23.21.25
M55	Peter Bennett	2011	24.13.78
M60	Peter Bennett	2016	24.58.78
M65	Ian Richardson	2014	29.02.85
M70	Richard Lynch	2001	30.49.35
M75	Richard Lynch	2004	32.19.64
M80	Dick Keatinge	2003	34.50.11
M85	Dick Keatinge	2008	37.27.25
M90	John Alroy	1995	43.08.0

10,000m TRACK WALK

M30	Ignacio Jimenez	1996	44.45.4
M35	Andrew Ludwig	2004	47.07.04
M40	Dave Smith	2000	44.04.84
M45	Peter Bennett	2001	48.28.4
M50	Iggy Jimenez	2018	49.25.76
M55	Robert Mee	1994	49.50.3
M60	Peter Bennett	2016	52.14.64
M65	Patrick Sela	2005	63.22.1
M70	Eric Bailey	1994	63.09.5
M75	Richard Lynch	2005	67.39.25
M80	Dick Keatinge	2003	72.09.6

M85	Dick Keatinge	2008	75.34.0
-----	---------------	------	---------

LONG JUMP

M30	Matt McEwen	2004	7.20
M35	John Davis	1992	6.42
M40	Garry Donaldson	1988	6.22
M45	Harry Giles	1990	6.19
M50	Garry Donaldson	1994	5.82
M55	Harry Giles	2002	5.36
M60	Harry Giles	2004	4.98
M65	Spencer Herft	2003	4.79
M70	Spencer Herft	2008	4.43
M75	Garvin Brown	2004	3.85
M80	Spencer Herft	2019	3.55
M85	Vic Younger	1999	3.17 A
M90	Maurice Dauphinat	2016	2.44
M95	Alex Pittendrich	2001	1.67 A

LONG JUMP INDOOR (not Qld)

M55	Viddy Jermacans	2006	4.99 A
M65	Joe Begley	2019	3.94 A

TRIPLE JUMP

M30	Lance Faulkner	2016	13.26
M35	Richard Anderson	1989	12.77
M40	Derek Boosey	1982	14.02
M45	Derek Boosey	1989	12.88
M50	Jim Christian	1988	11.33
M55	Tony Collins	2012	10.80
M60	Spencer Herft	1998	10.28
M65	Spencer Herft	2003	9.78
M70	Spencer Herft	2008	9.23
M75	Maurice Dauphinat	2004	8.00
M80	Vic Younger	1993	7.95
M85	Vic Younger	1998	6.59
M90	Alex Pittendrich	1996	5.51 A
M95	Alex Pittendrich	2001	3.55 A

TRIPLE JUMP INDOOR (not Qld)

M55	Viddy Jermacans	2006	8.88 A
-----	-----------------	------	--------

HIGH JUMP

M30	Matt McEwen	2004	1.97 A
M35	John Howard	1991	1.85
M40	Euan McLean	2019	1.82
M45	Ben Dickson	2011	1.80
M50	Ben Dickson	2014	1.77 A
M55	(Brian Key	2016	1.60
M55	(Peter Rosengren	2020	1.60
M60	Brian Prideaux	2004	1.52
M65	Alan Rolfe	1994	1.47
M70	Alan Rolfe	1999	1.41
M75	Lynton Lewis	2015	1.25
M80	Vic Younger	1994	1.19
M85	Vic Younger	1999	1.10 A
M90	Jim O'Donnell	2018	0.90

HIGH JUMP INDOOR (not Qld)

M65	Joe Begley	2019	1.12 A
-----	------------	------	--------

POLE VAULT

M30	Matt McEwen	2004	4.90 A
M35	Howard Arbuthnot	2004	4.80
M40	Rob Hill	2010	4.80 A
M45	Rob Hill	2015	4.60 A
M50	Howard Arbuthnot	2018	4.20 A
M55	Nelson Viney	2003	3.36
M60	Allan Cameron	2012	3.00
M65	Garvin Brown	1994	3.15
M70	Garvin Brown	2000	3.14 A
M75	Garvin Brown	2003	2.85 A
M80	Vic Younger	1995	1.76
M85	Vic Younger	2000	1.74 A

POLE VAULT INDOOR (not Qld)

M40	Howard Arbuthnot	2010	4.40 A
M60	Craig Elliott	2018	2.60 A

JAVELIN 800grms (M30-49)

M30	Matt McEwen	2004	61.60
M35	Mark Stevens	1989	59.52
M40	Michael Frawley	1992	56.28
M45	John Kay	2008	52.26

JAVELIN 700grms (M50-59)

M50	John Kay	2009	54.37
M55	John Kay	2015	44.62

JAVELIN 600grms (M60-69)

M60	Hans Beste	2003	38.26
M60	Des Frawley	1984	46.26os
M65	Guy Quartermann	2007	39.55
M65	Colin Murraylee	1995	42.18os

JAVELIN 500grms (M70-79)

M70	Erkki Saarinen	2006	42.00 A
M75	Erkki Saarinen	2010	38.12 A

JAVELIN 400grms (M80+)

M80	Erkki Saarinen	2013	33.80 A
M85	Vic Younger	2000	21.98 A
M90	Maurice Dauphinat	2016	17.11 A

DISCUS 2kg (M30-49)

M30	Warren Evans	2003	47.03
M35	Darron Haworth	2008	54.15 A
M40	Darron Haworth	2009	54.35 A
M45	Peter Lonsdale	2012	50.28

DISCUS 1.5kg (M50-59)

M50	Peter Lonsdale	2016	49.64
M55	Warwick Selvey	1995	44.42

DISCUS 1kg (M60+)

M60	Warwick Selvey	2001	53.43 A
M65	Warwick Selvey	2005	45.76
M70	Charlie Rann	2000	38.92
M75	Charlie Rann	2003	36.88 A
M80	Feliks Jekabsons	2006	28.08
M85	Feliks Jekabsons	2008	25.28 A
M90	Maurice Dauphinat	2016	19.33

SHOT PUT 7.26kg (M30-49)

M30	Dean Cowan	2002	15.65
M35	Peter Phillips	1978	15.89
M40	Peter Lonsdale	2000	15.06
M45	Peter Phillips	1987	14.19

SHOT PUT 6kg (M50-59)

M50	Peter Lonsdale	2016	15.52
M55	Peter Clark	2001	12.25

SHOT PUT 5kg (60-69)

M60	Mike Katmadas	1999	12.92
M65	Arvo Ropelin	2002	11.81

SHOT PUT 4kg (M70-79)

M70	Feliks Jekabsons	1993	12.66
M75	Feliks Jekabsons	1998	11.24
M80	Feliks Jekabsons	2003	9.41
M85	Vic Younger	1998	7.17
M90	Ken Buttsworth	2005	3.94

New WMA Specifications for M80+ 3kg

M80	Dash Daniels	2019	10.87
M85	Feliks Jekabsons	2008	9.66 A
M90	Feliks Jekabsons	2014	6.95 A

SHOT PUT INDOOR (not Qld)

M50	Tim Lowrey	2019	10.79 A
-----	------------	------	---------

HAMMER 7.26kg (M30-49)

M30	Brad Monk	1995	58.88
M35	Darron Haworth	2008	54.85
M40	Ron Frawley	1991	50.20
M45	Bob Wagner	2006	51.95

HAMMER 6kg (M50-59)

M50	Bob Wagner	2007	53.98
M55	Bob Wagner	2012	46.42

HAMMER 5kg (M60-69)

M60	Lajos Joni	2019	44.57
M65	Lajos Joni	2020	42.52

HAMMER 4kg (M70-79)

M70	Charlie Rann	1999	44.09
M75	Charlie Rann	2003	38.31
M80	Feliks Jekabsons	2004	29.39
M85	Ken Buttsworth	2002	18.28
M90	Ken Buttsworth	2005	14.33

New WMA Specifications for M80+ 3kg

M80	Charlie Rann	2008	34.13
M85	Feliks Jekabsons	2008	27.36
M90	Feliks Jekabsons	2014	19.12

WEIGHT THROW 15.88kg (M30-49)

M30	David Allan	2005	17.05 A
M35	Darron Haworth	2008	17.05
M40	Darron Haworth	2010	14.57
M45	Bob Wagner	2004	16.11

Q.M.A. MENS' RECORDS AS AT 8TH NOVEMBER, 2020

WEIGHT THROW 11.34kg (M50-59)

M50	Bob Wagner	2006	19.78	A
M55	Bob Wagner	2011	17.58	

WEIGHT THROW 9.08kg (M60-69)

M60	Lajos Joni	2018	16.53	
M65	Lajos Joni	2020	15.30	

WEIGHT THROW 7.26kg (M70-79)

M70	Colin Murraylee	1999	15.85	
M75	Feliks Jekabsons	1998	14.25	

WEIGHT THROW 5.45kg (M80+)

M80	Feliks Jekabsons	2004	12.81	
M85	Feliks Jekabsons	2008	10.83	

THROWS PENTATHLON (Rescored)

M30	Dean Cowan	2002	2875	
M35	Darron Haworth	2008	3672	A
M40	Peter Lonsdale	2006	3469	
M45	Bob Wagner	2005	3333	
M50	Grant Edwards	2015	3302	
M55	Erik Hedendahl	2003	3339	
M60	Warwick Selvey	2002	3573	
M65	Jim Davis	2001	3524	
M70	Guy Quarterman	2013	3644	
M75	Jim Davis	2009	3566	
M80	Feliks Jekabsons	2013	3423	
M85	Vic Younger	2010	2768	

New WMA Specifications for M80+

For Shot and Hammer (Rescored)

M80	Feliks Jekabsons	2006	3616	
M85	Feliks Jekabsons	2008	3805	A
M90	Maurice Dauphinat	2017	2751	

56lb HEAVY WEIGHT

M30	Michael Day	2017	7.90	
M35	Darron Haworth	2008...	10.94	A
M40	Darron Haworth	2010	10.48	
M45	Richard Harris	2016	7.45	
M50	Tim Lowrey	2019	6.32	
M55	Michael Kirkby	2018	5.43	
M60	Lajos Joni	2017	6.46	
M65	Lajos Joni	2020	6.06	
M70	Phillip Rowlands	2018	5.55	
M75	Ian Kennedy	2018	4.00	
M80	Bill McMullen	2016	3.21	

SUPER WEIGHT – INDOORS 56lb

M50	Tim Lowrey	2019	5.96	A
-----	------------	------	------	---

100lb HEAVY WEIGHT

M30	Michael Day	2017	4.16	A
M35	Darron Haworth	2008	5.57	A
M45	Richard Harris	2020	3.70	
M50	Tim Lowrey	2018	3.39	
M60	David Haggith	2015	2.52	
M65	Don Quinn	2011	2.62	
M70	Phillip Rowlands	2018	2.63	
M75	Don Quinn	2020	2.42	
M80	Ian Kennedy	2020	2.01	A

SUPER WEIGHT THROWS

Revised: Official Records

56lb SUPER WEIGHT – M30-59

M30	Michael Day	2017	7.90	
xM35	Darron Haworth	2008	10.94	A
xM40	Darron Haworth	2010	10.48	
M45	Richard Harris	2016	7.45	
M50	Tim Lowrey	2019	6.32	
M55	Michael Kirkby	2018	5.43	

44lb SUPER WEIGHT – M60-69

M60	Lajos Joni	2019	8.40	A
M65	Bruce O'Connor	2019	5.68	

35lb SUPER WEIGHT – M70-79

M70	Phillip Rowlands	2020	8.27	
M75	Don Quinn	2019	6.36	

25lb SUPER WEIGHT – M80+

M80	Ian Kennedy	2020	8.32	
-----	-------------	------	------	--

HEAVY WEIGHT PENTATHLON

(Rescored with 2015 Scoring)

M30	Michael Day	2017	2850	
M35	Darron Haworth	2008	4352	A
M40	Darron Haworth	2010	4444	
M45	Richard Harris	2020	3097	

M50	Tim Lowrey	2019	2827	
M55	Grant Chapman	2010	2497	
M60	Lajos Joni	2019	3312	
M65	Don Quinn	2009	3149	
M70	Phillip Rowlands	2018	3710	
M75	Don Quinn	2019	3354	
M80	Ian Kennedy	2020	3562	

PENTATHLON (Rescored)

M30	Warren Evans	2003	3275	A
M35	Greg Newnham	1996	2791	
M40	Eddie Czarnecki	1994	2957	
M45	Harry Giles	1990	2974	
M50	Bruce Bodsworth	2002	2934	
M55	Dave Varley	2018	3091	
M60	Mark McLean	2019	3286	
M65	Ken Daniels	2003	3438	
M70	Ken Daniels	2008	3084	
M75	Maurice Dauphinat	2002	2588	
M80	Maurice Dauphinat	2011	2626	
M85	Vic Younger	2000	1556	
M90	Maurice Dauphinat	2016	2955	A

PENTATHLON INDOOR (not Qld)

M65	Joe Begley	2019	2479	A
-----	------------	------	------	---

DECATHLON (Rescored)

M30	Matt McEwen	2003	7705	A
M35	John Gan	2006	5298	
M40	Troy McLaren	2006	5175	
M45	Howard Arbuthnot	2015	5309	
M50	Howard Arbuthnot	2018	5901	
M55	Dave Varley	2017	6537	A
M60	Mark McLean	2016	6445	
M65	Ken Daniels	2004	6232	
M70	Nick Bannenbergh	2011	6034	
M75	Frank Pieters	2004	3740	

Old Specifications (Rescored)

M80	Vic Younger	1993	5050	
M85	Vic Younger	1999	4637A	

4 x 100 METRES RELAY

M30	Richard Rodgers			
2011	Travis Venema			
	Aaron McMahon			
	Graham Scully	45.25		
M35	Robin Mhrshahi	35		
2015	Travis Venema	39		
	Graham Scully	41		
	Darren Felsman	48	45.47	
M40	Travis Venema	40		
2016	Graham Scully	42		
	Gary Parkinson	48		
	Steve Jones	52	45.53	
M45	Gary Parkinson	47		
2015	Steve Jones	51*		
	Glenn Munro	47		
	Darren Felsman	48	46.90	
M50	Gary Parkinson	52		
2019	Christopher Brack	54		
	Michael Berlin	50		
	Steve Jones	56	47.80	

M55	Wayne Cousins			
2002	John Wight			
	Mal Storey			
	Colin Buyers	47.92		

M60	John Cooper			
2000	Hugh Coogan			
	Alan Bradford			
	Tom O'Keeffe	52.64		

M65	Don Burt			
2012	Rob McDonald			
	John Wight			
	Hugh Coogan	53.36		

M70	Ken Daniels			
2011	Hugh Coogan			
	Alf Lakin			
	Noel Garvey	61.52		

M80	George Harrod			
2010	Maurice Dauphinat			
	Hugh Thomsen			
	Russell Grigg	77.06		

4 x 200 METRES RELAY

M30	Matthew Learoyd	37		
2019	Graham Scully	45		
	Patrick McCarthy	35		
	Scott Tuohy	33	1.35.70	A

M35	Robin Mhrshahi			
2015	Travis Venema			
	Graham Scully			
	Brett MacKenzie	1.37.48	A	

M40	Gary Parkinson	47		
2015	Wayne Adams	42		
	Ian Adams	44		
	Graham Scully	41	1.40.72	

M45	Geoff Bramley			
2009	Craig Bruce			
	Callum McInnes			
	Joe Begley	1.45.36		

M50	Gary Parkinson	51		
2018	Steve Jones	55		
	Joseph Phelan	51		
	Joe Begley	64	1.46.89	

M55	Hugh Bristow			
2011	Joe Begley			
	Jim Furlong			
	Ian Malouf	1.49.66		

M60	Ian Malouf	61		
2016	Joe Begley	62		
	Paul Chaplain	67		
	Terry Dauphinat	63	1.59.63	

M65	Hugh Coogan			
2007	Alf Lakin			
	Colin Buyers			
	Ivan Rogers	2.07.89		

M70	John Wight	70		
2017	Pio Bunin	75		
	Peter Kennedy	70		
	Colin Buyers	74	2.17.89	

4 x 200m RELAY INDOOR

M40+	Steve Jones	2010	1.37.56A	
------	-------------	------	----------	--

4 x 400 METRES RELAY

M30	Warren Evans			
2003	David Hill			
	Bruce Hill			
	Grant Barton	3.35.4		

M35	Gary Parkinson	50		
2018	Graham Scully	44		
	Peter Bracken	37		
	Daniel Mellish	39	3.41.63	

M40	Jim Furlong			
1999	Peter Hawes			
	Michael Warburton			
	Shaun McLaughlin	3.40.3		

M45	Jim Furlong			
2001	Shaun McLaughlin			
	Peter Hawes			
	Bill Kovacevic	3.40.44		

M50	Michael Berlin	50		
2020	Gary Parkinson	52		
	Christopher Brack	54		
	Joseph Phelan	52	3.51.06	

M55	Bruce Bodsworth			
2007	Bob Grayson			
	Rob White			
	Colin Buyers	4.03.0		

M60	John Cooper			
2000	Hugh Coogan			
	Alan Bradford			
	Tom O'Keeffe	4.11.51		

M65	Hugh Coogan			
2008	Col Buyers			
	Colin McLeod			
	Alan Bradford	4.32.61		

M70	Noel Garvey			
2011	Alan Bradford			
	Ken Daniels			
	Hugh Coogan	5.04.12		

Q.M.A. MENS' RECORDS AS AT 8TH NOVEMBER, 2020

<u>4 x 800 METRES RELAY</u>			Terry Dauphinat	9.34.44	AR	2018 Paul Shard	45	
M30	Gary Parkinson		M60	Peter Reeves		Anthony Canfell	47	
2008	David Hill		2013	Jason Collie		Andrew Willey	41	18.36.44
	Bruce Hill			Bob Grayson				
	Brendan Whelan	8.30.74	AR	Sean Ryan	10.29.12	M45	Mark Jones	
M35	Matt Cooper	36				2007	David Sweeney	
2017	Clay Dawson	36	M65	Alan Bradford			Andy Clowes	
	Peter Bracken	37	2008	Brian Morling			Peter Hallahan	18.31.73
	Daniel Mellish	39		Colin McLeod		M50	Peter Reeves	
M40	Wayne Adams	44		Colin Buyers	11.15.37	2011	David Sweeney	
2017	Paul McIntosh	44	M70+	Pio Bunin	74		Con Dimauro	
	Andrew Willey	40		Noel Garvey	81		Phil Davies	18.37.91
	Julian Bahlmann	41		Don Burt	70	M55	Peter Reeves	60
M45	Paul Shard	45		Colin Woods	80	2014	Ian Cameron	60
2017	Anthony Canfell	46	<u>4 x 1500 METRES RELAY</u>				Phil Davies	57
	John Treschman	53	M30	Ross Nicholls			Con Dimauro	55
	Chris Bell	46	2008	Steven Bell		M60	John Shaw	62
		9.26.21		Joshua Bridge		2016	Ron Peters	62
M50	Peter Reeves			Brendan Whelan	19.57.62		Ian Cameron	61
2011	Con Dimauro		M35	Iain McKee			Peter Reeves	62
	Phil Davies		2010	Martin John		M65	Bob Grayson	66
	David Sweeney	9.05.22		Greg Beerling		2018	Roger Carter	66
M55	Jason Collie			Brendan Whelan	18.44.10		John Sheer	70
2008	Bruce Bodsworth		M40	Chris Bell	46		Bruce Bodsworth	66
	Bob Grayson							27.09.98

RELAYS: MEMBERS WHO SET RECORDS IN AN AUST TEAM IN NATIONAL AND INTERNATIONAL COMPETITION.

<u>4 x 100m RELAYS:</u>				Rob McDonald	2009	50.5	A	M65+	Colin Buyers	2009	4.02.62W		
M45+	Jim Furlong	2001	45.35	A	M70+	John Wight	2016	53.67	A	Heinz Steinmann	2009	4.02.62W	
	Arch Moore	2001	45.35	A	M75+	Pio Bunin	2016	59.95	A	M70+	Hugh Coogan	2011	4.29.57A
M55+	Heinz Steinmann	2001	47.46	A	M80+	Hugh Thomsen	2012	68.43	A	M75+	Pio Bunin	2016	5.12.41A
	John Wight	2001	47.46	A		George Harrod	2012	68.43	A	M80	George Harrod	2012	5.32.29W
M60+	Hugh Coogan	1997	48.95	A	<u>4 x 400m RELAYS:</u>				<u>4 x 800m RELAY</u>				
M65+	Col Buyers	2009	50.5	A	M50+	Gary Parkinson	2018	3.37.78A	M50+	Peter Hawes	2011	8.39.01W	
	Heinz Steinmann	2009	50.5	A	M55+	John Cooper	1997	3.48.87A					

QUEENSLAND RECORDS (OUT OF STADIUM) - MEN: AT 8TH NOVEMBER, 2020

TRACK EVENTS (STADIUM)

These Times for 60 Metres, 100 Yards and 300 Metres are not recognised as Queensland Records. All Records up to and including 800m must be set with Electronic Timing. The remaining Times will be deleted when bettered by an Official Record.

60 METRES

M30	Travis Venema	2008	7.0
M50	David Lloyd	2001	7.3
M60	Rob McDonald	2004	7.7
M60	John Wight	2006	7.7
M70	Hugh Coogan	2006	8.2

100 YARDS

M55	John Wight	2001	11.4
-----	------------	------	------

300 METRES

M60	Colin Buyers	2003	40.1
M70	Hugh Coogan	2006	43.4

ROAD EVENTS

HALF MARATHON

M30	Aidan Hobbs	2019	1:09.56
M35	Peter Bracken	2018	1:10.24
M40	Peter Connolly	1986	1:10.12
M45	Ron Peters	1999	1:10.47
M50	Ron Peters	2003	1:11.32
M55	Ron Peters	2009	1:12.19
M60	Ron Peters	2013	1:15.07
M65	Colin McLeod	2002	1:19.06
M70	Colin McLeod	2007	1:28.06
M75	Colin McLeod	2013	1:39.28
M80	Robert Horman	2000	1:46.00
M85	Robert Horman	2004	2:05.11

MARATHON

M30	Aidan Hobbs	2018	2:23.00
-----	-------------	------	---------

M35	Clay Dawson	2017	2:26.54
M40	Peter Connolly	1985	2:29.09
M45	Wayne Spies	2019	2:28.59
M50	Colin McLeod	1987	2:35.35
M55	Ron Peters	2009	2:37.27
M60	Ron Peters	2015	2:43.57
M65	John Shaw	2019	2:51.21
M70	Colin McLeod	2006	3:04.07
M75	Robert Horman	1997	3:41.08
M80	Robert Horman	1998	3:39.18
M85	Robert Horman	2004	4:34.55

10KM ROAD RUN

M30	Aidan Hobbs	2017	33.37
M35	Peter Bracken	2018	31.39
M40	Matt MacDonald	2017	32.57
M45	Wayne Spies	2019	33.18
M50	David Sweeney	2014	32.58
M55	David Sweeney	2017	33.50
M60	Peter Reeves	2014	36.23
M65	John Shaw	2019	37.39
M70	Jim Woodriff	2017	44.21
M75	Colin McLeod	2015	47.19
M80	Colin Woods	2015	55.01

CROSS COUNTRY

3000 METRES (3km)

M30	David Hill	2004	9.55
M35	Bruce Hill	2005	10.06
M40	Barry Broe	2002	9.57
M45	David Sweeney	2008	10.02
M50	Ron Peters	2004	10.08
M55	Steve Hastie	2006	10.47
M60	Peter Reeves	2014	10.55
M65	Bob Grayson	2018	15.25
M70	Barrie Reiffel	2007	13.13

4000 METRES (4km)

M30	Aidan Hobbs	2018	11.48
-----	-------------	------	-------

M35	David Hill	2005	12.27
M40	Shane George	2007	12.41
M45	Ron Peters	2002	13.00
M50	Ron Peters	2006	12.49
M55	Peter Reeves	2010	13.49
M60	Alan Bradford	2003	14.25
M65	Alan Bradford	2004	14.49
M70	Colin McLeod	2008	17.44
M75	Colin McLeod	2013	18.34

5000 METRES (5km)

M30	Aidan Hobbs	2019	17.41
M35	Stephen Showell	2004	18.02
M40	Barry Broe	2002	17.49
M45	Malcolm Powell	2009	17.00
M50	Ron Peters	2004	17.02
M55	Peter Reeves	2010	18.37
M60	Alan Bradford	2000	18.48
M65	John Sheer	2013	24.10
M70	Merv Jenkinson	1981	23.35

6000 METRES (6km)

M30	Aidan Hobbs	2019	24.56
M65	Ian Cameron	2019	23.48
M70	John Sheer	2019	26.59
M75	Colin Mancey	2018	32.17
M80	Michael Juckes	2019	32.43

8000 METRES (8km)

M30	Aidan Hobbs	2019	24.56
M35	Shawn Claydon	2007	26.38
M40	Geoff Berkeley	2011	26.04
M45	Ron Peters	2002	27.06
M50	Ron Peters	2004	26.32
M55	David Sweeney	2016	27.18
M60	Ron Peters	2013	29.29
M65	Alan Bradford	2014	30.18
M70	Colin McLeod	2006	34.28
M75	Colin McLeod	2013	37.02

QUEENSLAND RECORDS (OUT OF STADIUM) - MEN: AT 8TH NOVEMBER, 2020

<u>10,000 METRES (10km)</u>				M55	Bob Coleman	2007	49.07	M70	Patrick Sela	2011	1:39.11
M30	Aidan Hobbs	2019	35.21	M65	Patrick Sela	2009	56.23	M75	Dick Keatinge	2000	1:45.20
M35	Colin Green	1994	35.58	M70	Patrick Sela	2010	51.07	<u>20KM</u>			
M40	Ron Peters	1997	33.00	M75	Richard Lynch	2007	54.50	M30	Ignacio Jimenez	1997	1:38.02 A
M45	Peter Connolly	1987	33.05	M80	Richard Lynch	2009	57.48	M35	Peter Bennett	1995	1:39.18
M50	Alan Bradford	1993	34.47	<u>10KM</u>				M40	Dean Nipperess	2014	1:38.55
M55	Alan Bradford	1996	34.40	M30	Ignacio Jimenez	1995	46.30 A	M45	Ignacio Jimenez	2011	1:43.07
M60	Colin McLeod	2000	37.31	M35	David Smith	1994	41.53 A	M50	Ignacio Jimenez	2018	1:40.14
M65	Julius Keller	1997	44.58	M40	David Smith	1999	45.47	M55	Peter Bennett	2013	1:45.07
M70	Eric Bailey	1994	50.07	M45	Ignacio Jimenez	2011	48.32	M60	Peter Bennett	2016	1:49.39
M75	Robert Horman	1994	50.04	M50	Ignacio Jimenez	2019	48.17	M65	Patrick Sela	2009	1:56.44
<u>ROAD WALKS</u>				M55	Peter Bennett	2013	49.47	M70	Richard Lynch	2001	2:09.25
<u>5KM</u>				M60	Peter Bennett	2016	50.51	M75	Dick Keatinge	2001	2:19.58
M35	Ignacio Jimenez	2005	25.42	M65	Patrick Sela	2006	1:04.46	<u>30KM</u>			
M40	Dean Nipperess	2014	23.40	M70	Patrick Sela	2012	1:02.36	M30	Ignacio Jimenez	1995	2:29.23
M45	Peter Bennett	2002	24.18	M75	Richard Lynch	2004	1:05.41	M35	Peter Bennett	1995	2:34.56
M50	Peter Bennett	2007	25.26	M80	Dick Keatinge	2003	1:11.10	M40	Peter Bennett	1997	2:38.35
M55	Peter Bennett	2013	24.37	M85	Dick Keatinge	2008	1:18.52 A	M45	Peter Bennett	2001	2:45.18
M60	Peter Bennett	2016	26.07	M90	John Alroy	1994	1:26.32	M50	Iggy Jimenez	2019	2:40.13
M65	Patrick Sela	2009	31.52	<u>15KM</u>				M55	Peter Bennett	2012	2:48.43
M70	Richard Lynch	1999	31.41	M30	Ignacio Jimenez	1999	1:15.51	M60	Peter Bennett	2017	3:12.17
M75	Richard Lynch	2005	32.36	M35	Andrew Ludwig	2004	1:13.59	M65	Patrick Sela	2009	3:43.53
M80	Dick Keatinge	2003	34.57	M40	Iggy Jimenez	2009	1:14.23	M70	Bert Janes	2004	4:13.49
M85	Dick Keatinge	2008	37.28	M45	Peter Bennett	2002	1:16.11	<u>50KM</u>			
M90	John Alroy	1999	49.51	M50	Iggy Jimenez	2018	1:15.28	M30	Ignacio Jimenez	1995	4:40.36
<u>8KM</u>				M55	Peter Bennett	2011	1:18.02	M35	Andrew Ludwig	2003	4:36.02
M35	Dean Nipperess	2011	39.43	M60	Peter Bennett	2016	1:19.31	M40	Peter Bennett	1999	4:58.53
M40	Dean Nipperess	2016	40.59	M65	Patrick Sela	2009	1:42.32	M45	Peter Bennett	2001	4:49.28 A

OCEANIA RECORDS - MEN - QMA MEMBERS (As at SEPTEMBER, 2019)

<u>60 METRES</u>				M80	Tom Daintry	33.57.0	1992	<u>10km ROAD WALK (Best Perf)</u>			
M30	Travis Venema	7.19	2008					M35	Peter Bennett	52.14	1994
M35	Travis Venema	7.40	2010					M40	Dean Nipperess	47.31	2012
M50	Steve Jones	7.83	2015					M80	Tom Daintry	69.01	1992
M85	Maurice Dauphinat	11.12	2012					<u>HALF MARATHON (Best Perf)</u>			
<u>100 METRES</u>								M35	Brendan Whelan	1:15.18	2010
M30	Travis Venema	11.40	2008					M60	Colin McLeod	1:19.28	1998
M50	Gary Parkinson	12.01	2019					M65	Colin McLeod	1:22.25	2002
M70	Hugh Coogan	13.85	2006					M70	Colin McLeod	1:31.58	2008
<u>200 METRES</u>								<u>JAVELIN (800g current specifi)</u>			
M50	Gary Parkinson	24.37	2019					M45	John Kay	52.26	2008
M65	Colin Buyers	26.20	2008					<u>JAVELIN (500grm from 2000)</u>			
M70	Hugh Coogan	28.10	2006					M70	Guy Quarterman	36.51	2012
<u>400 METRES</u>								<u>JAVELIN (400grm from 2000)</u>			
M50	Gary Parkinson	54.85	2019					<u>DISCUS (2kg)</u>			
M65	Hugh Coogan	61.15	2004					M30	Alan White	35.60	2000
M70	Hugh Coogan	62.28	2006					<u>DISCUS (1kg)</u>			
M75	Colin Woods	74.12	2012					M80	Feliks Jekabsons	26.96	2006
<u>800 METRES</u>								<u>SHOT PUT (5kg)</u>			
M80	Michael Juckes	3.21.72	2019					M65	Charlie Rann	12.75	1992
<u>1500 METRES</u>								<u>SHOT PUT (3kg)</u>			
M30	Brendan Whelan	4.07.7	2006					M80	Feliks Jekabsons	10.09	2006
M40	Alan Bradford	4.07.0	1982					<u>LONG JUMP</u>			
M80	Michael Juckes	7.02.03	2019					M85	Maurice Dauphinat	2.95	2012
<u>5000 METRES</u>								<u>HIGH JUMP</u>			
M30	Brendan Whelan	15.25.5	2006					M40	Euan McLean	1.82	2019
M65	Colin McLeod	18.13.1	2002					<u>POLE VAULT</u>			
M80	Michael Juckes	26.03.74	2019					M35	Rob Hill	4.40	2008
<u>100m HURDLES (0.840m)</u>								<u>PENTATHLON</u>			
M60	Harry Giles	16.56	2008					M70	Ken Daniels	3084	2008
<u>2000m STEEPLECHASE (0.914m)</u>											
M80	Michael Juckes	11.20.46	2019								
<u>3000m STEEPLECHASE (0.914m)</u>											
M50	Alan Bradford	10.44.0	1992								
<u>3000m TRACK WALK</u>											
M35	Peter Bennett	14.28.0	1994								
M40	Dean Nipperess	13.10.82	2012								
M80	Richard Keatinge	21.00.0	2006								
<u>5000m TRACK WALK</u>											
M70	Tom Daintry	28.22.0	1984								
M75	Tom Daintry	30.33.0	1990								

<u>THROWS PENTATHLON</u>			
M80	Feliks Jekabsons	3539	2006
	Hammer	28.97	
	Shot Put	9.98	
	Discus	26.96	
	Javelin	19.30	
	Weight	12.43	

<u>DECATHLON</u>			
M30 Peter Hollenbeck	5308	2019	
100 Metres	12.01	647	
Long Jump	5.93	571	
Shot Put	11.58	581	
High Jump	1.68	528	
400 Metres	62.23	340	
110m Hurdles	17.77	545	
Discus	35.43	572	
Pole Vault	4.40	731	
Javelin	49.28	578	
1500 Metres	6.12.52	215	
M55 Andrew Millerd	6193	2019	
100 Metres	12.99	793	
Long Jump	5.14	753	
Shot Put	8.36	523	

High Jump	1.52	679	
400 Metres	60.78	752	
100m Hurdles	19.00	569	
Discus	29.85	527	
Pole Vault	2.80	533	
Javelin	27.80	402	
1500 Metres	5.39.34	662	
M60 Mark McLean	5984	2019	
100 Metres	13.49	782	
Long Jump	4.46	646	
Shot Put	8.95	556	
High Jump	1.40	644	
400 Metres	65.58	661	
100m Hurdles	17.56	752	
Discus	24.48	387	
Pole Vault	2.20	389	

Javelin	30.95	497	
1500 Metres	5.54.67	670	
M70 Ken Daniels	5995	2008	
100 Metres	15.00		
Long Jump	4.14		
Shot Put	8.31		
High Jump	1.21		
400 Metres	73.03		
Hurdles	17.88		
Discus	26.71		
Pole Vault	2.00		
Javelin	31.98		
1500 Metres	7.00.11		

AMA WINTER THROWING CHAMPIONSHIPS – CHAMPIONSHIP RECORDS AS AT 10/10/19

HELD BY QMA MEMBERS

<u>DISCUS THROW</u>			
M35 Darron Haworth	2008	50.03	
M55 Warwick Selvey	1995	42.98	
<u>JAVELIN THROW</u>			
M30 Michael Day	2017	42.57	
<u>WEIGHT THROW</u>			
M35 Darron Haworth	2008	16.13	
<u>56lb HEAVY WEIGHT</u>			
M30 Michael Day	2017	7.90	

M35 Darron Haworth	2008	10.94	
M70 Phillip Rowlands	2018	5.55	
M85 Feliks Jekabsons	2007	3.07	
<u>100lb HEAVY WEIGHT</u>			
M30 Michael Day	2017	4.16	
M35 Darron Haworth	2008	5.57	
M85 Feliks Jekabsons	2007	1.66	
<u>WEIGHT FOR DISTANCE</u>			
M30 Michael Day	2017	15.83	

M60 Lajos Joni	2019	18.78	
M70 Phillip Rowlands	2018	18.23	
<u>THROWS PENTATHLON</u>			
M30 Michael Day	2016	2597	
<u>HEAVY WEIGHT PENTATHLON</u>			
M35 Darron Haworth	2008	4436	
<u>SUPER WEIGHT</u>			
M60 Lajos Joni	2019	6.54	

AMA CHAMPIONSHIP RECORDS HELD BY QMA MEMBERS (as at 09/01/20)

* Represented for other States before joining Queensland

<u>60 METRES</u>			
M65 Rob McDonald	8.10	2010	
M70 Glen Wilson	8.41	2011	
<u>100 METRES</u>			
M60 Bernie Hogan	12.15	1981	
M65 John Cooper	12.68	2006	
M75 Hugh Coogan	13.98	2012	
<u>200 METRES</u>			
M35 Kevin Silver	22.29	1987	
M65 John Cooper	26.17	2004	
M75 Hugh Coogan	28.83	2011	
<u>400 METRES</u>			
M65 Colin Buyers	59.85	2009	
M70 Hugh Coogan	62.17	2006	
M75 Hugh Coogan	65.88	2012	
<u>800 METRES</u>			
M65 Alan Bradford	2.22.15	2004	
M90 Alex Pittendrich	4.28.2	1997	
<u>1500 METRES</u>			
M30 Brendan Gray	4.06.17	2004	
M90 Alex Pittendrich	11.04.39	1998	
<u>10,000 METRES</u>			
M50 David Sweeney	33.03.74	2015	
<u>HALF MARATHON</u>			
M35 Patrick Nispell	1h12.03	2017	
M60 Ron Peters	1h18.53	2016	
<u>MARATHON</u>			
M60 John Shaw	2h45.19	2016	
M65 Colin McLeod	2h54.41	2003	
M70 Colin McLeod	3h04.07	2006	
<u>3000m STEEPLECHASE</u>			
M30 Brendan Gray	10.05.24	2004	
M40 Doug Worling	9.31.6	1975	
M45 Doug Worling	9.50.66	1981	
M50 Alan Bradford	10.15.1	1991	
M55 Alan Bradford	10.29.16	1994	
<u>2000m STEEPLECHASE</u>			
M60 Alan Bradford	7.05.51	1999	
M65 Alan Bradford	7.28.46	2004	
M70 Alan Bradford	8.20.95	2009	
<u>110m HURDLES (.991m/3'3")</u>			
M45 Harry Giles	15.5	1990	
<u>100m HURDLES (.914/3')</u>			
M55 Harry Giles	15.42	1994	
<u>100m HURDLES (.840m/2'9")</u>			

M60 Harry Giles	16.68	2005	
<u>400m HURDLES (.914/3')</u>			
M35 Harry Giles	56.09	1981	
M40 Harry Giles	56.73	1988	
M45 Harry Giles	58.8	1990	
<u>400m HURDLES (.840/2'9")</u>			
M50 Harry Giles	62.14	1994	
<u>1500m TRACK WALK</u>			
M40 Dean Nipperess	6.06.67	2014	
M55 Peter Bennett	6.48.21	2011	
<u>5000m TRACK WALK</u>			
M30 Iggy Jimenez	22.55.1	1995	
M35 David Smith	20.43.8	1995	
M40 David Smith	21.26.18	1998	
<u>10km ROAD WALK (Best Times)</u>			
M45 Iggy Jimenez	49.27	2011	
M85 Dick Keatinge	1h20.12	2009	
<u>HIGH JUMP</u>			
M70 Alan Rolfe	1.41	1999	
M80 Vic Younger	1.17	1994	
M85 Vic Younger	1.05	1998	
<u>LONG JUMP</u>			
M85 Maurice Dauphinat	2.98	2011	
M90 Alex Pittendrich	2.14	1998	
<u>TRIPLE JUMP</u>			
M40 Derek Boosey	14.01	1987	
M90 Alex Pittendrich	5.50	1998	
<u>POLE VAULT</u>			
M30 Warren Evans	3.65	2005	
M40 Howard Arbuthnot	4.20	2011	
M45 Bruce Arnold	3.70	2000	
M50 Bruce Arnold	3.65	2005	
M85 Vic Younger	1.50	1999	
<u>DISCUS THROW</u>			
M40 Darron Howarth	50.65	2011	
M55 Warwick Selvey	44.38	1996	
M65 Warwick Selvey	45.76	2005	
M85 Feliks Jekabsons	25.28	2008	
M90 Maurice Dauphinat	19.33	2016	
<u>SHOT PUT</u>			
M85 Feliks Jekabsons	3k	9.10	2008
M90 Maurice Dauphinat	3k	5.70	2017
<u>HAMMER THROW</u>			
M30 David Allan	57.10	2005	
M50 Bob Wagner	51.93	2007	
<u>JAVELIN THROW</u>			
M40 John Kay	*Nsw	61.78	2001

M45 John Kay	*Nsw	57.18	2006
M70 Erkki Saarinen		42.00	2006
M75 Erkki Saarinen		34.83	2011
M90 Maurice Dauphinat		17.11	2016
<u>WEIGHT THROW</u>			
M30 David Allan		16.32	2005
M45 Bob Wagner		15.76	2005
M50 Bob Wagner		19.64	2007
<u>THROWS PENTATHLON</u>			
M70 Colin Murraylee		3995	1999
M85 Feliks Jekabsons		3805	2008
<u>PENTATHLON (with Discus)</u>			
M85 Maurice Dauphinat		2770	2011
M90 Maurice Dauphinat		2955	2016
<u>DECATHLON</u>			
M30 Warren Evans		6352	2005
M55 Nelson Viney		5192	2003
<u>CHAMPION of CHAMPIONS</u>			
<u>SPRINT</u>			
1987 Fred Turner	*Nsw	M45	12.57 Syd
1988 Harry Gathercole		M80	12.3 Bris
1998 Mick Pirie		M65	nt Bris
2002 John Wight		M55	10.63 Adel
2005 John Cooper		M65	10.20 Bris
2006 John Cooper		M65	10.42 Cbra
2007 Hugh Coogan		M70	10.40 Hob
2010 Rob McDonald		M65	10.33 Per
2011 Hugh Coogan		M75	10.49 Bris
2012 Hugh Coogan		M75	10.21 Melb
2013 Rob McDonald		M65	10.46 Cbra

CHAMPION of CHAMPIONS

THROWS

2000 Jim Davis	M65	Disc	60.20 Hob
2002 Ted Vickers	M82	Shot	18.12 Adel
2005 Warren Evans	M30	Dis	51.80 Bris
2014 Darrin Norwood	M30Jav		45.17 Hob
2017 Darrin Norwood	M35 Sp		21.32 Darw

ROYCE FOLEY TROPHY

THROWS PENTATHLON

HIGHEST POINTS (no more than

once in a 5year age group

1999 Colin Murraylee	M70	4484	Cbra
2004 Feliks Jekabsons	M80	3985	Melb
2005 Colin Murraylee	M75	4272	Bris

2008 Feliks Jekabsons M85 4505 Syd
2013 Guy Quarterman M70 3644 Cbra

AMA CHAMPIONSHIPS Best

Age Graded Performances

2010 Rob McDonald 60m 99.26%
2012 Hugh Coogan 400m 100.36%

AMA YEARLY AWARDS

SPRINTS HURDLES

2001 Hugh Coogan M65
2007 Colin Buyers M65

MIDDLE DISTANCE/

STEEPLECHASE

1999 Alan Bradford M60
2006 Norm Pearce M80
2009 Alan Bradford M70

DISTANCE

1998 Bob Horman M80
2001 Ron Peters M45
2003 Colin McLeod M65
2013 Ron Peters M60

MULTI EVENTS/RELAYS

2008 Ken Daniels M70
2009 Colin Buyers 4x400m M65
2009 Heinz Steinmann 4x400 M65

MOST OUTSTANDING MALE

ATHLETE

1998 Vic Younger M85
2005 Hugh Coogan M70
2006 Hugh Coogan M70
2011 Hugh Coogan M75

MOST OUTSTANDING INDIVIDUAL

PERFORMANCE

2000 John Kay *Nsw M40

HALL OF FAME

2009 Alan Bradford
2018 Stan Perkins

ADMINISTRATOR/OFFICIAL

2014 Ian Mann

AMA/AAVAC MERIT AWARD

2001 Wally Stubbings
For Services to Queensland
2001 Bernie Hogan
For Services to Queensland
2003 Stan Perkins
For Services to AMA as President
for two terms of Office.

ASIA-PAN PACIFIC MASTERS GAMES - QMA MEMBERS RECORDS AS AT 2018

(These are Asia/Pan Pacific Masters Records)

TRACK & FIELD

60 METRES

M30 Travis Venema 7.33 2008
M85 Maurice Dauphinat 11.18 2012

100 METRES

M30 Travis Venema 11.48 2006
M45 Ian McLean 11.84 2008
M50 Gary Parkinson 11.75 2018
M85 Maurice Dauphinat 18.46 2012

200 METRES

M65 Heinz Steinmann 26.28 2008
M70 Hugh Coogan 28.09 2006

400 METRES

M45 Gary Parkinson 53.44 2012
M65 Heinz Steinmann 59.70 2008
M70 Hugh Coogan 63.24 2006

4x100m Relay

QMA Members included in Teams

M30+ Warren Evans 46.39 2002
Karl Weber
Mark Whitman
Shane Mathews
M35+ Bevan Valentine 47.69 2002
Ray Keane
M45+ Jim Furlong 47.95 2000
Shaun McLaughlin
M50+ Steve Bishop 52.54 2010
Steve Davies-Evans
Geoff Bramley
M55+ Joe Begley 52.57 2012
M60+ Rob McDonald 49.96 2006
John Wight
M65+ Noel Garvey 61.82 2002
Peter Berry
Charles Crowley
M70+ Rob McDonald 59.08 2014
M80+ George Harrod 77.06 2010
Maurice Dauphinat
Hugh Thomsen
Russell Grigg

4x400m Relay

QMA Members included in Teams

M30+ Warren Evans 3.44.18 2002
David Hill
Mark Whitman
Shane Mathews
M35+ Roscoe McDonnell 3.57.50 2012
Wayne Adams
M40+ Mike Warburton 3.59.13 2000
Jason Collie
Shaun McLaughlin
Norm Cornwell
M45+ Graeme Rowley 4.12.35 2010
Craig Bruce
Callum McInnes
M50+ Bob Grayson 3.58.37 2002
Bruce Bodsworth
Ken Dohnt
Colin Buyers

M55+ Paul Chaplain 4.39.18 2008
Sean Ryan
M60+ Colin Buyers 4.05.83 2006
M65+ Colin Buyers 4.11.80 2008
Heinz Steinmann

M70+ Alf Lakin 5.50.22 2010
Noel Garvey
Ken Daniels
George Harrod
M80+ George Harrod 5.32.29 2012

800 METRES

M30 David Hill 1.59.15 2004
M35 Brian Sax 2.01.33 2010
M45 Shaun McLaughlin 2.08.22 2000
M85 Norm Pearce 4.19.67 2010

1500 METRES

M30 Brendan Whelan 4.05.74 2006
M35 Brendan Whelan 4.15.84 2012
M45 David Sweeney 4.19.67 2006
M55 Peter Reeves 4.30.78 2010
M80 Colin Woods 7.06.00 2016
M85 Norm Pearce 9.03.28 2010

5000 METRES

M30 Brendan Whelan 15.23.81 2006
M35 Brendan Whelan 16.59.05 2012
M45 Ron Peters 15.37.93 2000
M50 Ron Peters 16.21.57 2004
M55 Ron Peters 16.58.80 2008
M80 Colin Woods 27.25.22 2016

80m HURDLES

M85 Vic Younger 26.66 1998

100m HURDLES

M55 Dave Varley 17.17 2018

110m HURDLES

M30 Warren Evans 16.05 2004

300m HURDLES

M60 Harry Giles 47.47 2006
M65 Harry Giles 50.53 2010

400m HURDLES

M40 Richard Norris 63.26 2012

2000m STEEPCCHASE

M60 Colin McLeod 7.38.69 1998

3000m STEEPCCHASE

M40 Bill McLean 10.45.34 2000
M45 Peter Hall 10.54.79 2000

3000m TRACK WALK

M30 Andrew Ludwig 13.48.14 1998
M35 Andrew Ludwig 13.47.45 2002
M40 Dave Smith 12.30.54 1998
M45 Peter Bennett 13.39.21 2002
M50 Ignacio Jimenez 13.36.95 2018
M55 Klaus Maurer 15.31.46 1998
M60 Bob Mee 16.14.67 1998
M85 Dick Keatinge 22.56.65 2008
M90 John Alroy 27.44.62 1998

5000m TRACK WALK

M30 Andrew Ludwig 23.29.49 2000
M35 Andrew Ludwig 23.43.45 2002
M45 Peter Bennett 23.46.13 2002

M50 Ignacio Jimenez 23.24.51 2018
M60 Peter Bennett 28.26.21 2018
M70 Richard Lynch 31.27.84 2000
M75 Patrick Sela 40.12.05 2016
M85 Bert Janes 41.22.36 2018

LONG JUMP

M30 Warren Evans 6.57 2002
M50 Gary Parkinson 6.10 2018
M70 Spencer Herft 4.43 2008
M85 Vic Younger 2.96 1998
M90 Alex Pittendrich 1.99 1998

TRIPLE JUMP

M30 Warren Evans 11.72 2004
M85 Vic Younger 6.20 1998
M90 Alex Pittendrich 4.96 1998

HIGH JUMP

M40 Euan McLean 1.81 2018
M45 Bill McLean) 1.65 2002
M45 John Musters) 1.65 1998
M50 Howard Arbutnot 1.64 2018
M85 Vic Younger 1.08 1998

POLE VAULT

M30 Warren Evans 4.05 2002
M35 Rob Hill 4.60 2008
M40 Rob Hill 4.40 2014
M50 Howard Arbutnot 4.20 2018
M55 Nelson Viney 3.20 2004
M70 Garvin Brown 2.70 1998
M75 Garvin Brown 2.70 2004
M85 Vic Younger 1.70 1998

JAVELIN THROW

M30 Warren Evans 54.32 2002
M40 John Kay 62.72 2000
M65 Guy Quarterman 38.00 2008
M75 Colin Murraylee 36.25 2004
M85 Maurice Dauphinat 19.94 2012

DISCUS THROW

M30 Warren Evans 45.42 2004
M35 Darron Haworth 54.15 2008
M55 Warwick Selvey 41.86 1998
M75 Colin Murraylee 32.94 2004
M80 Feliks Jekabsons 27.08 2004
M85 Maurice Dauphinat 21.27 2012

SHOT PUT

M30 Dean Cowan 14.89 2002
M65 Arvo Ropelin 11.49 2002
M75 Feliks Jekabsons 11.15 1998
M80 Dash Daniels 10.17 2018

HAMMER THROW

M30 Dean Cowan 42.19 2002
M35 Darron Haworth 54.85 2008
M45 Bob Wagner 50.53 2004
M50 Bob Wagner 53.89 2006
M80 Feliks Jekabsons 30.71 2006

WEIGHT THROW

M30 Dean Cowan 15.42 2002
M35 Darron Haworth 17.05 2008
M45 Bob Wagner 15.74 2004
M50 Bob Wagner 19.77 2006

M85 Ken Buttsworth 8.78 2002

THROWS PENTATHLON (at 2010)

M35 Darron Haworth 3672 2008

M70 Guy Quarterman 3644 2012

OUT OF STADIUM EVENTS

10km ROAD WALK

M30 Andrew Ludwig 50.12.0h 1998

M35 Andrew Ludwig 49.35.0h 2002

M40 Dave Smith 45.37.0h 1998

M45 Peter Bennett 50.20.0h 2002

M50 Ignacio Jimenez 48.47 2018

M60 Peter Bennett 58.16 2018

4KM CROSS COUNTRY

M30 Brendan Whelan 13.07.55 2006

M35 Brendan Whelan 13.36.18 2010

M40 Matt Macdonald 13.53.00 2016

M50 Norman Burns 15.43.00 2016

M55 Phil Davies 15.37.00 2012

M65 Alan Bradford 15.37.65 2004

8KM CROSS COUNTRY

M30 Brendan Whelan 27.57.03 2004

M35 Brendan Whelan 28.20.00 2012

M40 Shawn Claydon 28.40.00 2008

M45 David Sweeney 27.09.53 2006

M50 Ron Peters 28.03.28 2006

M55 Ron Peters 28.36.00 2008

BEACH MILE 2016 RESULT ONLY

QMA MEMBERS

M40 1 Matt Macdonald 7.34 2016

M50 2 Norman Burns 8.49 2016

M65 2 Sean Ryan 11.17 2016

M75 2 Alf Lakin 17.20 2016

5KM ROAD RACE 2016 RESULTS

M40 1 Matt Macdonald 16.09 2016

M50 1 Norman Burns 18.29 2016

M55 7 David Mackay 27.27 2016

M75 2 Alf Lakin 37.22 2016

10.5KM TRAIL RUN 2016 RESULTS

M40 1 Matt Macdonald 37.16 2016

M50 1 Norman Burns 43.53 2016

M75 2 Alf Lakin 1.27.40 2016

COMBINED RESULTS: 2016

Beach Mile

5km Road Race

4km Cross Country

10.5km Trail Run

M40 1 Matt Macdonald 1:14.52 2016

M50 1 Norman Burns 1:26.54 2016

M75 2 Alf Lakin 2:54.05 2016