

Core Responsibilities for All

1. Good COVID safe hygiene is to be required of all participants, volunteers and spectators
2. No one should attend if they have any symptoms of COVID 19
3. No one should attend if they have been in a designated COVID hot spot in the last 14 days
4. No one should attend if they have been in contact with someone that has been in a designated COVID hot spot in the past 14 days
5. Social distancing is not required on the field of play or in the race
6. Social distancing is required by all, including competitors while not competing or on the field of play.
7. Contact with officials and event volunteers should be avoided.
8. Participants should arrive just in time for warm up and leave without spending social time with others.
9. Hand sanitising stations will be provided at each event
10. No shaking of hands, high fives or other contact post-race

11. Throwers who have their own throwing implements should bring and use these in competition
12. For throws, implement should be sanitised before the event and a hand sanitiser station provided, athletes should sanitise hands after each throw, Officials and volunteers should sanitise hands after touching implements
13. Field event athletes encouraged to bring their own umbrella for shade and fold up chair

14. All those competing are encouraged preregister for their events, preferably via the RevolutioniseSport system. For those who cannot pre register details will be taken at the track (white building) whilst maintaining social distancing

15. Separate entry and exit points to the field of play
16. Results will be posted on the website after the competition concludes.
17. Competitors should arrive with a bib previously supplied by Queensland Masters Athletics. A bib collection station may still be required, this must be constructed in such a way as to ensure social distancing – example two tables deep or use of bunting to ensure a minimum 1.5 meters from those collecting and the officials. Athletes to form a single line with 1.5 m spacing designated by cones or other means
18. Ensure that social distancing and good hygiene is maintained at all times.